

**In the Claims**

The following is an amendment to and a complete listing of the claims which replaces all prior listings of claims in this application.

1. (currently amended) An improvement ~~[[in or]]~~ relating to spectacles comprising: a frame ~~[[ (2) ]]~~ made of a formable material ~~that may be shaped at elevated temperatures, which is adaptable to a form desired and to~~ and lenses ~~glasses (4), which that are to be fixed attached to said frame [[ (2) ]]~~ so as to cover a major part of a user's visual field, characterized in that wherein the frame (2) is made of a said formable material, which in an unformed, original state is fixed to its in form ~~[[but]]~~ and soft and bendable when in an unformed, original state, which after a change of temperature and is formable at elevated temperatures to form said frame in a configuration that is cooperatively shaped to the ~~allows a fitting of the frame to a user's shape of the face, said frame retaining the configuration and being and which after returning to a normal temperature level has fixed the frame (2) in position after the actual shape of the face at the same time as the frame (2) is somewhat bendable after said material returns to a temperature of the original state without losing its unique form, and wherein~~ said frame (2)

~~comprises~~ includes attachments ~~[(3)]~~ for positioning said lenses relative to said ~~arched glasses (4) adjusted to the shape of an eye, said glasses are used for covering a major part of the user's visual field and are fixable into position by means of said attachments (3) on a predetermined distance from the frame (2) in obtaining a correct distance relative the eyes and eye lashes of an user.~~

2. (currently amended) ~~[[An]]~~ The improvement according to claim 1, ~~characterized in that the~~ wherein said attachments adjust the position of said lenses relative to said frame to obtain a predetermined distance relative to the eyes and eye lashes of the user, and wherein said attachments ~~(3) for the glasses (4) allow an adjusting of the glasses (4) in depth/laterally to adjust the distance of the glasses (4) in relation to the frame (2), said attachments (3) consist of~~ are selected from a group consisting of screws, magnets ~~[[or]]~~ and rubber strips.

3. (currently amended) ~~[[An]]~~ The improvement according to claim 1, ~~characterized in that the sides and/or front of said spectacles (1) are covered with side shields (8) respectively a film preferably of plastic (5), which~~ further comprising at least

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one shield that extends at least partly over the glasses (4) said lenses and [[the]] said frame [[(2)]] to cover edges so that the at least one shield ~~and to serve~~ serves as protection for the spectacles [[ (1) ]] ~~at the same time as a~~ and provides stability ~~is given to the glasses~~ (4) said lenses against [[the]] said frame [[(2)]].

4. (currently amended) [[An]] The improvement according to claim 1, characterized in that the wherein said frame [[(2)]] includes a fixing means selected from a group consisting of elastic strings [[ (6) ]], sidepieces [[ (7) ]], and [[or]] a fastening device, the fixing means [[which]] closes fits around the ear of the user ~~or stretches up towards the forehead over the head on an user to end back in the neck.~~

5. (currently amended) [[An]] The improvement according to claim 1, characterized in that the wherein said frame [[(2)]] further includes ~~is formed by~~ a harder material in order to reinforce said frame, give reinforcements in selected locations ~~alternatively that wherein~~ the harder material is fastened on [[the]] said frame [[(2)]] after the formable material is formed ~~forming~~ against the face of the user.

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6. (currently amended) [[An]] The improvement according to claim 1, ~~characterized in that~~ wherein only a part of [[the]] said frame [(2)] is made from the formable material ~~allows adaptation to the frame after change of the temperature.~~